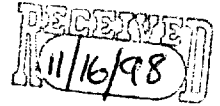


Traditional Medicinals®
FIRST IN MEDICINAL HERB TEAS®

9. November 1998

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, DC 20204

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To whom it may concern,

Pursuant to 21 CFR 101.93 (a) (2), Traditional Medicinals, Inc., 4515 Ross Road, Sebastopol, California 95472 hereby notifies the FDA that it is making the following statement covered by the referenced regulation for its;

PMS Tea™ Herbal Dietary Supplement containing a proprietary herbal blend of roasted dandelion root, roasted carob pod, roasted chicory root, parsley leaf, oatstraw herb, nettle leaf, chickweed herb, uva ursi leaf, cornsilk style and stigma and cramp bark: **"Promotes a Healthy Pre-Menstrual Cycle"**.

The undersigned certifies that the information contained in this notice is complete and accurate and that Traditional Medicinals, Inc. has substantiation that the statement is truthful and not misleading.

Very truly yours,

Lynda Sadler

President

Also see docket 97S-0163

97S-0162

4515 ROSS RD., SEBASTOPOL, CA 95472-2250



TEL: (707) 823-8911 FAX: (707) 823-1599

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